October 18, 1999

VIA AIRBORNE EXPRESS & Regular Mail

U.S. Food and Drug Administration Center for Food Safety and Applied Nutrition Office of Special Nutritionals, HFS-450 200 C. Street S.W. Washington, District of Columbia 20204

Re: Natrol, Inc.

Dear Sir or Madam:

I am the General Counsel of Natrol, Inc., Chatsworth, California, a manufacturer of dietary supplement products (hereafter "Natrol").

On behalf of Natrol, and pursuant to the requirement of Section 6 of the Dietary Supplement Health and Education Act of 1994, 21 U.S.C. §343 (c) (6), your Agency is hereby notified that Natrol proposes to make statements of "nutritional support", as described in 21 U.S.C. §343(1)(6)(a), for its dietary supplements as follows:

(1) St. John's Wort with Kava: Promotes Mood Enhancement & Relaxation.

Please be advised that the label of each of the above dietary supplement products includes the statement that "The FDA has not evaluated these statements. This product is not intended to diagnose, treat, cure or prevent disease."

If you have any questions regarding the foregoing, do not hesitate to contact the undersigned at your convenience.

Sincerely,

NATROL, INC.

Eve Mendoza

General Counsel

978 - 0162

cc: Elliott Balbert Tami Page

21411 Prairie St.

Chatsworth, CA 91311

Tel: 818.739.6000 Fax: 818.739.6001 www.natrol.com LET 4541



